



According to the recent National Health and Nutrition Examination Surveys, approximately 69% of adults are overweight or obese. Obesity, like smoking, can shorten lifespan by up to 10 years.



Weight-Loss Surgery Profiler

Name: _____ mm-dd-yyyy

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YOUR WEIGHT-LOSS SURGERY RECOMMENDATION

You may be a candidate for weight-loss surgery.



YOUR WEIGHT CATEGORY

BMI = 37.0 (Obesity II)
Weight = 265 lbs.



YOUR WEIGHT-LOSS RECOMMENDATION

Weight-loss is recommended.

Based on weight (BMI), quality of life, or health conditions, surgery may be an option for you. Talk to your doctor about the risks and benefits of weight-loss surgery or other weight loss options.

- Losing weight may help you improve your weight-related health conditions or quality of life.
- A person of your height with a Normal BMI weighs less than 179 pounds (a weight loss of 87 pounds for you).
- Some weight-loss factors may be controlled through lifestyle changes or medication. Talk with your health care provider.
- You didn't provide answers to all of the questions, so it is possible that you have more weight-related issues than are shown here.

People in the weight category of Extreme Obesity (a BMI of 40 or greater) have an 8- to 10-year shorter life expectancy than people in the Normal weight category, which is similar to the effect of being a life-long smoker.

The good news is that by losing enough weight, you can improve or eliminate a number of weight-related health problems.

It is important to note that doctors must also consider many other health factors that are not discussed in this profiler when recommending weight-loss (bariatric) surgery.

If you need to lose weight for health reasons, talk to your doctor about an individual treatment plan to lower your weight-related health risks.

NOTE: The guidelines used in this profiler may differ from the reimbursement requirements of the various health insurance companies.

Quality of Life	Yes	No
Impaired Quality of Life	●	
Health Conditions	Yes	No
Debilitating arthritis, Asthma, Obesity-hypoventilation syndrome, Obstructive sleep apnea, Gastroesophageal reflux disease (GERD), Pseudotumor cerebri, Nonalcoholic liver disease, Venous stasis disease, Severe urinary incontinence, High blood sugar or Type 2 diabetes, High blood pressure, Abnormal cholesterol	●	

Note: For this report, blood pressure, blood sugar, or LDL cholesterol values are considered a health concern if you take medication for them, regardless of their current values.

This profiler is intended only for people who have not had weight-loss surgery. Always talk to your health care provider before beginning a weight loss program. If you are under age 20, are a highly trained athlete, or are pregnant/breastfeeding, BMI may not be the best method of assessing obesity for you.

EVALIA™ Personal Health Profilers

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