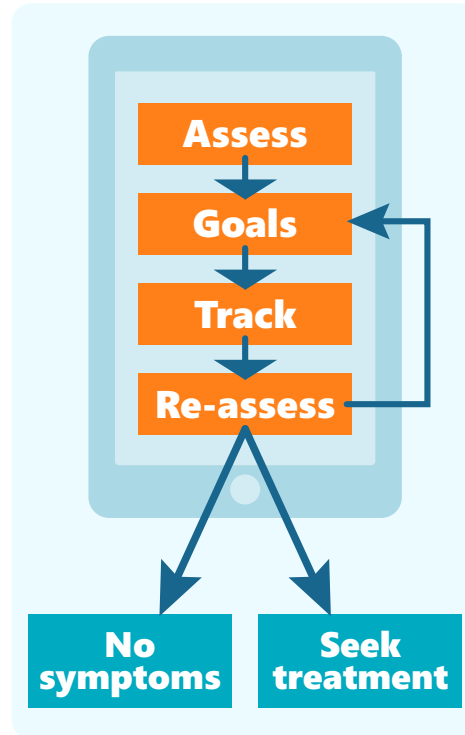
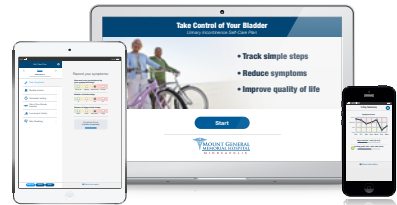


Right Patient. Right Provider. Right Time.

The EVALIA® Urinary Incontinence Self-Care Planner, created for patients whose quality of life is negatively affected by incontinence, provides personal plans to improve symptoms. It contains online, interactive tools for patients to record symptoms, diet, and activities. Patients can track behavior at their convenience on mobile devices, tablets, and computers, in only minutes every day.



Provide the Power of *Self-care*

**EVALIA® Urinary
Incontinence
*Self-Care Planner***



MedicomHealth
Interactive

Creators of
EVALIA® Self-Care Planners



Reduce Cost of Care

Having the right tools to guide consumers who can benefit from self-care is key to reducing costs. Our platform will help increase efficiencies in patient care and reduce office time for simple care, resulting in cost and time savings.

Improve Quality Outcomes

Use of self-reported data to monitor a patient's condition helps to identify unhealthy behaviors and to enable health improvement before more serious conditions develop, and can improve patient outcomes.



Target Symptomatic Patients Needing Intervention

Patients using the self-care modules whose symptoms are not improving or are worsening can be flagged to receive targeted messages about health system services for their conditions.

Improve population health

Analyzing aggregated self-reported patient data can provide a deeper understanding of issues and activities of patients. Coupled with other data points, this information can help predict the cost of care.



Urinary Incontinence Self-care: Engage, Educate, Improve.

MedicomHealth
Interactive

EVALIA® Self-Care Planners

MONITOR SYMPTOMS

Users can track symptoms, exercises, and other recommended therapies online through their phone, tablet, or computer.

INSTRUCTIONAL VIDEOS

Videos carefully outline incontinence therapies and management. Patients have access to detailed instructions and videos on how to perform pelvic floor muscle and belly breathing exercises to improve bladder control management.

EDUCATIONAL RESOURCES

Information that explains many of the complex concepts of incontinence is included. Topics carefully outline incontinence therapies and management.

VOIDING TIMER

By scheduling voiding, users can reduce or eliminate accidental urine leaks. The timer allows users to set their personal goal intervals and receive either text or email reminders.

SAFE, SECURE & PRIVATE

The platform is password protected, providing private and secure tracking of progress.

DETAILED SUMMARY REPORTS

Users have 24/7 access to reports summarizing their symptoms and progress towards goal. The reports, including trend information, can also be shared with practitioners via email.