

#### 2023 Health Observances Calendar

To help you convert more traffic, we are discounting HRAs that align with upcoming health awareness observances. Eruptr will also price-match specialized SEM campaigns to funnel users to the HRAs. <u>Contact us for more details!</u>

# **January**

**Weight-Loss Awareness Month** 

We think these HRAs pair well with each health awareness observance listed on the left.

Weight-Loss Surgery Assessment

**Healthy Weight-Range Assessment** 

National Radon Action Month <u>Lung Cancer Risk Assessment</u>

# **February**

Heart Health Awareness Month <u>Heart Health Assessment</u>

2<sup>nd</sup> National Wear Red Day Heart Health Assessment

## March

Colorectal Cancer Awareness Month

Colorectal Cancer Risk Assessment

National Kidney Month <u>Diabetes Risk Assessment</u>

9<sup>th</sup> World Kidney Day <u>Diabetes Risk Assessment</u>

12<sup>th</sup> - 18<sup>th</sup> National Sleep Awareness Week Sleep Apnea Assessment

13<sup>th</sup> - 19<sup>th</sup> Brain Awareness Week Stroke Risk Assessment

28<sup>th</sup> American Diabetes Alert Day Diabetes Risk Assessment

# April

3<sup>rd</sup> - 9<sup>th</sup> National Public Health Week Any of our HRAs

**7**<sup>th</sup> **World Health Day** Any of our HRAs

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	awareness observance listed on the left.
May	
Stroke Awareness Month	Stroke Risk Assessment
Mental Health Awareness Month	Depression Risk Assessment
	Anxiety Assessment
Better Sleep Month	Sleep Apnea Assessment
Women's Health Month	Any of our HRAs
Arthritis Awareness Month	Back & Neck Pain Assessment
	Knee & Hip Assessment
Healthy Vision Month	<u>Diabetes Risk Assessment</u>
National Allergy & Asthma Awareness Month	Lung Cancer Risk Assessment
National Osteoporosis Awareness & Prevention Month	Back & Neck Pain Assessment
	Knee & Hip Assessment
	Weight-Loss Surgery Assessment
	Healthy Weight-Range Assessment
1 <sup>st</sup> - 7 <sup>th</sup> Air Quality Awareness Week	Lung Cancer Risk Assessment
14 <sup>th</sup> - 20 <sup>th</sup> National Women's Health Week	Any of our HRAs
31st World No Tobacco Day	Lung Cancer Risk Assessment

June	
Men's Health Awareness Month	Any of our HRAs
12 <sup>th</sup> - 18 <sup>th</sup> National Men's Health Week	Any of our HRAs



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# September

Prostate Cancer Awareness Month Prostate Cancer Risk Assessment

National Peripheral Artery Disease Awareness Month

PAD Symptoms Assessment

27<sup>th</sup> National Women's Health & Fitness Day Any of our HRAs

# **October**

12<sup>th</sup> - 20<sup>th</sup> National Bone & Joint Health Week

Weight-Loss Surgery Assessment

Healthy Weight-Range Assessment

Breast Cancer Risk Assessment

Breast Cancer Risk Assessment

**Metastatic Breast Cancer Awareness Day** 

**Breast Cancer Screening Assessment** 

# November

13<sup>th</sup>

Diabetes Awareness Month

Bladder Cancer Awareness Month

Lung Cancer Awareness Month

Lung Cancer Risk Assessment

Diabetic Eye Disease Month

Diabetic Eye Disease Month

Diabetes Risk Assessment

Lung Cancer Risk Assessment

Lung Cancer Risk Assessment

Lung Cancer Risk Assessment

Acid Reflux Assessment

More information at: <a href="https://medicomhealth.com/2023-health-observances-calendar">https://medicomhealth.com/2023-health-observances-calendar</a>